

Stepping Stones Clinic Concurrent Disorders Service

990 22nd Street West Vancouver, BC V7V 4C2 Phone: 604-904-6180 / Fax: 604-904-6185

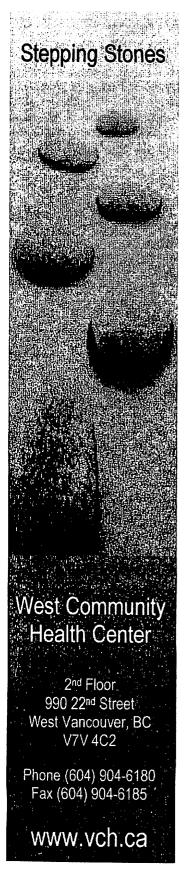
Client Name:
Current Living Situation: Stable for next 3 months Unstable Unstable
Marital Status:
Legal History Known Criminal History: YES NO No Pending Charges: YES NO Next Court Date:
Previous Addiction Treatment: (include dates if known)
TREATMENT PLANNING
Client's stage of health behaviour change:
Identify client and primary therapist's treatment goals as these will direct our treatment planning at ASADP:
Please note clients must participate in all aspects of the program which include: Yoga, Acupuncture / Seed Therapy, Educational and Therapeutic Groups
Are you aware of any reason the client could not participate in all aspects of the program for 10-15 hours/week YES \(\square\) NO \(\square\)
If yes, please describe:
Other services available:
Medical Assessment and treatment recommendations with/without pharmacological intervention
Referral to Detoxification and/or other treatment programs

Please fax the completed form to our office at 604-904-6185, at your earliest convenience.



Stepping Stones

Concurrent Disorders Service



PROGRAM INFORMATION

Stepping Stones Concurrent Disorders Service, located in West Vancouver, is designed to support people struggling with problematic substance use and/or mental health issues. The team consists of a doctor, nurse, and counselors with dual training in mental health and addictions. The goal of the Service is health stabilization and to establish a path toward long-lasting improvements in functioning. Services offered include: a daily drop in group, a variety of group Psychoeducational sessions, group counseling, consultations, individual therapy, and mind-body interventions such as yoga and acupuncture.

Referrals may come from a variety of sources, including clients themselves, and doctors in the community.

We are located just north of the intersection of Marine Drive and 22nd Street in West Vancouver. Regular public bus service is available along Marine Drive.

Addictions Consult

Assessments by an Addiction Medicine Physician for GPs working with patients who have Substance Use issues providing information on:

- Diagnosis and Treatment
- Detoxification Process
- Rehabilitation
- · Harm Reduction
- Complicated Withdrawal
- Prevention

Outpatient Program

Designed to help People Assess, Understand and Address their Substance and/or Mental Health Issues

- Concurrent Therapies provided in a Group Program
- Includes all the Stages of Change
- SMART Recovery Drop-in Group Daily
- Evening Groups on Monday & Tuesday
- Short Term Individual Treatment
- Residential Treatment Referrals
- Access to Acu-Detox and Yoga

Day Treatment Program

Evidence Based Day Program designed to address problematic Substance Use and Mental Health Issues

- Eight Week Program
- Two groups per day, Monday thru Friday
- Staffed by multi-disciplinary Team of Doctors, Nurses, Social Workers and Clinicians
- Access to Acu-Detox and Yoga

Stepping Stones is also exploring the possibility of adding other services such as Geriatric Outreach, Home Detox and Methadone Treatment in the near future.